



# SPRING

## NEEDS LIST 2026

### Household Needs:

- Waterproof Zippered Vinyl Mattress Protector
- White Face Cloth
- White Bath Towels
- Vinegar
- Mr. Clean
- Blue Dawn Dish Soap
- Toilet Paper
- Murphy Oil
- Twin Sheets
- Tea Towels & Dishcloths (grey)
- Snack Bags
- Large Freezer Bags
- Liquid Hand Soap
- Small Garbage Bags (15 litre)

### Moms:

- Shampoo
- Conditioner
- Body wash
- Slippers (size 8-10)
- Shower loofahs
  
- Gift Cards for IDA, No Frills, Foodland, Coffee Culture, Tim Horton's, Wal-Mart, Dollarama, Home Hardware, Canadian Tire & Amazon

### Baby Needs:

- Baby Swaddles (0-6 month, must have Velcro)
- Baby Sleep Sacks (0-6 month & 6-12 month)
- Baby Books
- Bath Towels/Facecloths (baby)
- Cereal - Stage One & Two
- Diaper Cream
- Baby Wash
- Educational Toys (0-12 month)
- Baby Boy Clothes newborn--24 Months
- Baby Girl Clothes newborn --24 Months
- Teethers/Rattles

- Vaseline
- Baby Shampoo
- Baby Socks
- Rain Covers (stroller)
- Baby toothbrushes
- Baby Buddies (stuffedies)





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### Grocery Needs:

- Vegetable/Beef/Chicken Broth
- Alfredo Sauce
- Salsa (mild)
- Frozen Juice
- Cheese (Slices and Hard Cheese)
- Butter/Margarine
- Cookies
- Snack Food (Sweets)
- Cereal
- Ramen Noodles
- Canned Tomatoes
- Canned Fruit
- Canned Veggies (Peas, Beans)
- Lentils
- Rice
- Icing Sugar
- Brown Sugar
- Coffee
- Peanut butter (Smooth and Crunchy)
- Powdered juice mix

### Step Two Apartments:

- Pot & Pan Set
- Frying Pans
- Dish Set
- Bath Towels
- Electric Kettle
- Girl and Boy Clothing from 18 Months to 3T
- Books for 1-2 Yr olds
- Crib Sheets
- Crib Mattress Covers
- Toys for 1-2 Year Olds
- Cooke Sheets
- Twin Sheet Set
- Crock-pot
- Juice Pitcher
- Cutlery
- Glass cups
- Can opener
- Frying spatula
- Cheese grater

\*Ramoth can only accept new donations at this time\*

thanks  
for your  
support